

FREE
Medical
Conference

22nd Managing
Osteoporosis
CONFERENCE 2014

Monday 15th December

Bournemouth Hospital

Attend the conference and gain CPD points

www.osteodorset.org.uk/managing-osteoporosis-conference

OD Osteoporosis
Dorset
prevention through education

11 Shelley Road, Bournemouth
Dorset, BH1 4JQ
Phone 01202 443064
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www.osteodorset.org.uk
Registered Charity No: 1023507

22nd | Managing Osteoporosis CONFERENCE 2014

A free medical meeting for NHS Medical staff working in the South
Education Centre, The Royal Bournemouth Hospital

Castle Lane East, Bournemouth, BH7 7DW

DATE: 15th December 2014

TIME: 9:20am - 5:05pm (registration from 8:15am)

CPD 6 Credits (Code: 89938)
GP Tutor Accredited Education (A-0802)



“Since its inception in 1992, the Charity’s aim is to reduce the burden of fragility fractures on the local health community.

Through its prevention through education initiatives, The Charity has driven improvements in the education and training of health professionals in the field of falls and fracture prevention. We also provide free, high quality, appropriate and accessible information for people affected by osteoporosis to make a difference to their lives and enhance their ability to live independently.

The field of osteoporosis and bone health is evolving. To stay at the forefront, the 22nd Managing Osteoporosis Conference 2014 brings you an innovative and dynamic programme, hosted by Dr Neil Hopkinson, Dr Paul Thompson and the Rheumatology Team in Dorset.

So please join us, learn from internationally renowned experts and update your personal Continuing Professional Development records.

Diana Moran

President, Osteoporosis Dorset

Unique conference will give you:

- Unrivalled opportunity to increase your knowledge in bone disease
- Learn from internationally renowned experts about cutting-edge advances in osteoporosis and bone disease
- An opportunity to ask questions from key experts
- Interact and network with a large multidisciplinary audience, exchange ideas and experiences and discover how to tackle complex clinical challenges
- An unmissable event for personal and professional development



3 EASY WAYS TO BOOK YOUR FREE PLACE



Complete and return the registration form



01202 443064



www.osteodorset.org.uk/managing-osteoporosis-conference

08:15
09:20

Registration in reception and coffee in exhibition

Welcome / Introduction

Dr Neil HOPKINSON, Consultant Rheumatologist, Bournemouth Hospital

PLENARY SESSION ONE

CHAIR: DR NEIL HOPKINSON, CONSULTANT RHEUMATOLOGIST, BOURNEMOUTH HOSPITAL

09:30

KEYNOTE ADDRESS

**Preventing Falls: Improving the quality of life of older people
(applying the science)**

Professor Tahir MASUD, Nottingham University Hospitals NHS Trust

10:00

Secondary Fracture Prevention

(how will we achieve this)

Dr Kassim JAVAID, University Lecturer in Metabolic Bone Disease, Nuffield Department of Orthopaedics, Rheumatology and Musculoskeletal Sciences, University of Oxford

10:30

Non-Pharmacological Management of Vert Fractures

(advice and education to improve patient understanding of the best ways to move, sit and lift)

Dr Emma CLARK, Consultant Senior Lecturer, Academic Rheumatology, Musculoskeletal Research Unit, Avon Orthopaedic Centre, University of Bristol

11:00

Questions and Discussion (all speakers)

11:15

Coffee Break and Homemade Cakes and Exhibition viewing

PLENARY SESSION TWO

CHAIR: DR PAUL THOMPSON, CONSULTANT RHEUMATOLOGIST, POOLE HOSPITAL

11:45

Treatment of Osteoporosis

(Including optimal duration of bisphosphonate therapies - Atypical fracture and drug holidays)

Dr Mike STONE, Consultant Physician & Director of Bone Research, Bone Research Unit, Cardiff University Academic Centre, University Hospital Llandough, Penarth

12:15

MEET – THE – EXPERT Session

(an opportunity to ask questions from key experts)

Submit questions/topics you would like to ask prior to the event

(Deadline for submission 3rd November 2014)

13:05

Hot Lunch and Exhibition viewing

PLENARY SESSION THREE

CHAIR: DR CIARAN DUNNE, CHRISTCHURCH HOSPITAL

14:05

Algorithms for the Management of Osteoporosis

(FRAX and NOGG)

Professor Eugene McCLOSKEY, Honorary Consultant and Professor in Adult Bone Diseases, Metabolic Bone Centre, University of Sheffield,

14:35

Prevention of Glucocorticoid-induced Osteoporosis (GIO)

Dr Richard KEEN, Consultant Rheumatologist & Honorary Senior Lecturer in Metabolic Bone Disease, The Royal National Orthopaedic Hospital, Stanmore

15:00

Latest advances in Nutrition and Bone Health

Dr Kate WARD, Senior Investigator Scientist, Nutrition & Bone Health Team, MRC Human Nutrition Research, Cambridge

15:25

Questions and Discussion (all speakers)

15:40

Tea Break and Homemade Cakes In Exhibition

16:00

D2 or D3? That is the question

Professor Susan LANHAM-NEW, Head of the Department of Nutritional Science, University of Surrey

16:25

Postmenopausal Hormone Therapy

(risks and benefits)

Mr Tim HILLARD, Consultant Obstetrician and Gynaecologist, Department of Obstetrics and Gynaecology, Poole Hospital NHS Foundation Trust, Poole

16:50

Questions and Discussion (all speakers)

17:05

THANKS AND CLOSE

Dr Neil Hopkinson, Consultant Rheumatologist, The Royal Bournemouth Hospital, Bournemouth

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Online at:
www.osteodorset.org.uk/managing-osteoporosis-conference

Telephone:
01202 443064

Email this form to:
mail@osteodorset.org.uk

Fax form to:
01202 443065

Delegate Details (There is no charge to attend this conference):

Title (Dr, Mr, Ms etc)

Forenames

Surname

Job Title

Address (work)

Postcode

Telephone (day)

E-mail

Special Dietary Requirements