

**Free event**

# Protecting the bones of your patients



**Secondary fracture prevention**

**Wednesday 25<sup>th</sup> September 2019**

**Free study event for NHS medical staff in the south**

Postgraduate Centre, Poole Hospital

**BOOK NOW FOR YOUR FREE PLACE –**

**[www.osteodorset.org.uk/protecting-the-bones-of-your-patients](http://www.osteodorset.org.uk/protecting-the-bones-of-your-patients)**



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*Registered Charity No: 1023507*

A free medical meeting for NHS medical staff  
**Protecting the bones of your patients**

Wednesday 25th September 2019

Postgraduate Centre, Poole Hospital

TIME: 9:10 – 14:20 (registration from 8:15am)



## Programme

### Plenary session one

Chair: Dr Tim Battcock

08:15 **Registration in reception and coffee and tea in exhibition room**

09:10 **Welcome**

Dr Tim Battcock, Consultant geriatrician, Poole Hospital NHS Foundation Trust

09:20 **Is it just about Calcium?**

Mrs Lisa Perkins, Community Dietitian, Dorset Healthcare NHS Foundation Trust & Trustee of Osteoporosis Dorset

09:50 Questions to Lisa

10:00 **Medications affecting bone health**

Dr Selwyn Richards, Consultant and clinical lead for rheumatology and back pain services, Poole Hospital NHS Foundation Trust

10:30 Questions to Selwyn

10:40 **Osteoporosis update**

Dr Rakhi Seth, Consultant Rheumatologist, University Hospital Southampton NHS Foundation Trust, Rheumatology Department, Southampton

11:10 Questions to Rakhi

11:20 **Fracture Liaison Service**

Ms Joy Christopher, Fracture Prevention Lead Nurse, Poole Hospital NHS Foundation Trust, Poole

11:50 Questions to Joy

12:00 **Lunch in exhibition room**

### Plenary session two

Chair: Dr Fouz Rahmeh

13:00 **Bone loss in early menopause: to treat or not?**

Mrs Elizabeth Stephenson, Consultant Obstetrician and Gynaecologist, Poole Hospital NHS Foundation Trust

13:30 Questions to Elizabeth

13:40 **Exercise**

Mrs Theresa Rowett, Physiotherapist, Bournemouth and Poole Community Therapy Team, Dorset Healthcare NHS Foundation Trust & Trustee of Osteoporosis Dorset

14:10 Questions to Theresa

14:20 **Finish**

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