



Registered Charity No: 1023507



18-19 December 2023  
Osteoporosis Dorset's  
annual medical conference  
on **osteoporosis** and **bone health**

**BOURNEMOUTH**

A complimentary conference for NHS Medical staff

**[osteodorset.org.uk](https://osteodorset.org.uk/annual-medical-conference/)**  
**[/annual-medical-conference/](https://osteodorset.org.uk/annual-medical-conference/)**

**Conference Programme**

## Conference information

### Event

**18-19 December 2023**

A complimentary conference for NHS Medical staff on osteoporosis and bone health.

### Venue

#### Education Centre

The Royal Bournemouth Hospital  
Castle Lane East, Bournemouth, BH7 7DW

### Conference website

[osteodorset.org.uk/annual-medical-conference/](http://osteodorset.org.uk/annual-medical-conference/)

**CPD 13 Credits (code: 146125)**



After more than two years of virtual meetings, Osteoporosis Dorset is delighted to welcome you again to our annual two-day conference in Bournemouth. The conference will provide an innovative and dynamic programme, hosted by the Rheumatology Team in Dorset.

### Unique conference will give you:

- An unrivalled opportunity to increase your knowledge in bone disease
- Learn from internationally renowned experts about cutting-edge advances in osteoporosis and bone disease
- An opportunity to ask questions from key experts. Interact and network with a large multidisciplinary audience, exchange ideas and experiences and discover how to tackle complex clinical challenges
- An unmissable event for personal and professional development



The following information is to facilitate your enjoyment of the day:

- On arrival, coffee/tea and cakes will be served in exhibition room;
- Conference will commence at 09:20;
- Free cold water is available around the education centre;
- 13:20, a hot buffet will be served in the exhibition room;
- If the exhibition room is full, please use seminar rooms 1 and 2 for lunch and coffee breaks (please see the education plan on **page 10**);
- Please view the exhibition over the lunchtime period and breaks;

I do hope you find the day useful and a perfect opportunity to increase your knowledge in bone disease.

### **General Information:**

On behalf of the organising committee, we would like to take this opportunity to thank all the companies who have helped to support the annual two-day conference. List of exhibitors attending the day is on page 11.

Please complete the evaluation form and place in the wire basket at the registration desk; we welcome feedback.

A certificate of attendance is available for all delegates at reception and can be sent to you via email.

### **Parking**

**If you've parked in any of the public car parks, please exchange your ticket for a prepaid ticket from the Conference reception for a small cost of £2.00 for the full day.**



Monday 18 December

Day 1

WELCOME  
09:20

**Registration in reception and coffee and tea in exhibition room from 8:15am**

**Welcome / Introduction**

Diana Moran, President of Osteoporosis Dorset

PLENARY  
SESSION  
ONE

Chair: Dr Ciaran Dunne, University Hospitals Dorset, Christchurch

09:30

**Keynote address**

**Capture the fracture – effective, sustainable strategies for secondary fracture prevention – reducing fractures and mortality**

Professor Kassim Javaid, Associate Professor, University Lecturer in Metabolic Bone Disease, University of Oxford

10:00

**Questions to Kassim**

10:10

**Bone: A multisystem approach to osteoporosis: cardiovascular and neurological connections**

Professor Nick Harvey, Professor of Rheumatology and Clinical Epidemiology, Honorary Consultant Rheumatologist, Medical Research Council Lifecourse Epidemiology Unit, University of Southampton, Southampton General Hospital, Southampton

10:40

**Questions to Nick**

10:50

**An update on Frax and potential clinical adjustments**

Professor Eugene McCloskey, Professor in Adult Bone Disease and Honorary Consultant, Department of Oncology and Metabolism, Metabolic Bone Centre, University of Sheffield

11:20

**Questions to Eugene**

11:30

Coffee and tea break and homemade cakes in exhibition room



Monday 18 December

Day 1

PLENARY  
SESSION  
TWO

Chair: Dr Adam Wheldon, University Hospitals Dorset, Poole

12:00

**Management of symptomatic vertebral fractures**

Dr Madhavi Vindlacheruvu, Consultant Orthogeriatrician, Addenbrookes Hospital, Cambridge

12:30

**Questions to Madhavi**

12:40

**Categorisation of fracture risk and its implications for treatment**

Professor Nick Harvey, Professor of Rheumatology and Clinical Epidemiology, Honorary Consultant Rheumatologist, Medical Research Council Lifecourse Epidemiology Unit, University of Southampton, Southampton General Hospital, Southampton

13:10

**Questions to Nick**

13:20

Hot lunch in exhibition room

PLENARY  
SESSION  
THREE

Chair: Dr Fouz Rahmeh, University Hospitals Dorset, Poole

14:20

**Duration of treatment with osteoporosis: advice and guidance**

Professor Peter Selby, Consultant Physician and Honorary Professor of Metabolic Bone Disease, Associate Medical Director, Manchester Royal Infirmary, Manchester

14:50

**Questions to Peter**



Monday 18 December

Day 1

15:00

**Healthy gut, healthy bones: targeting the gut microbiome to promote bone health**

Professor Kate Ward, Professor of Global Musculoskeletal Health, University of Southampton, Southampton General Hospital, Southampton

15:30

**Questions to Kate**

15:40

Grab a coffee/tea in the exhibition room

16:00

**The role of exercise in prevention of osteoporotic fracture**

Dr Katherine Brooke-Wavell, Senior Lecturer in Human Biology, School of Sport, Exercise and Health Sciences, Loughborough University, Leicestershire

16:30

**Questions to Katherine**

16:40

**Trauma in elderly**

Dr Adam Wheldon, Consultant Physician and Geriatrician, Trustee of Osteoporosis Dorset and Lead for the Falls Prevention Team University Hospitals Dorset, Poole

17:10

**Questions to Adam**

17:20

**End of first day**



Tuesday 19 December

Day 2

WELCOME  
09:20

**Registration in reception and coffee and tea in exhibition room from 8:15am**

**Welcome / Introduction**

Dr Marco Massarotti, Consultant Rheumatologist, University Hospitals Dorset, Christchurch

PLENARY  
SESSION  
ONE

Chair: Dr Marco Massarotti, University Hospitals Dorset, Christchurch

09:30

**Implementing Romosozumab in clinical practice**

Dr Sarah Hardcastle, Consultant Rheumatologist, Royal United Hospitals Bath NHS Foundation Trust, Bath

10:00

**Questions to Sarah**

10:10

**Multiple co-morbidity**

Professor Richard Keen, Consultant in Metabolic Bone Diseases, Royal National Orthopaedic Hospital, Stanmore

10:40

**Questions to Richard**

10:50

**Treatment of Osteoporosis in Chronic Kidney Disease**

Professor Mike Stone, Consultant Physician & Director of Bone Research, Bone Research Unit, Cardiff University Academic Centre, University Hospital Llandough, Penarth

11:20

**Questions to Mike**

11:30

Coffee and tea break and homemade cakes in exhibition room



Tuesday 19 December

Day 2

PLENARY  
SESSION  
TWO

Chair: Dr Madhavi Vindlacheruvu, Addenbrookes hospital, Cambridge

12:00

**Better nutrition for bone and muscle health**

Dr Alexandra Mavroeidi, Head of Department, Department of Occupational Therapy, and Human Nutrition and Dietetics, Glasgow Caledonian University, Glasgow

12:30

**Questions to Alexandra**

12:40

**Improving outcomes by fixing the organisation of hip fracture care**

Professor Antony Johansen, Consultant Orthogeriatrician, University Hospital of Wales, and NHFD clinical lead, RCP London

13:10

**Questions to Antony**

13:20

Hot lunch in exhibition room

PLENARY  
SESSION  
THREE

Chair: Dr Elizabeth Knight, University Hospitals Dorset, Poole

14:20

**Osteoporosis Management in reproductive women**

Mr Tim Hillard, Consultant Gynaecologist, University Hospitals Dorset, Poole

14:50

**Questions Tim**





Tuesday 19 December

Day 2

15:00

**Bone health in the frail older adult**

Dr Rachel Bradley, Consultant Geriatrician, University of Bristol Hospital NHS Foundation Trust, Bristol

15:30

**Questions to Rachel**

15:40

Grab a coffee/tea in the exhibition room

16:00

**Management of younger individuals**

Professor Elaine Dennison, Professor of Musculoskeletal Epidemiology and Honorary Consultant in Rheumatology, Medical Research Council Lifecourse Epidemiology Unit, University of Southampton, Southampton General Hospital, Southampton

16:30

**Questions Elaine**

16:40

**Computer Vision/Artificial Intelligence**

Dr Nicholas Fuggle, Associate Professor in Rheumatology, University of Southampton, Southampton

17:10

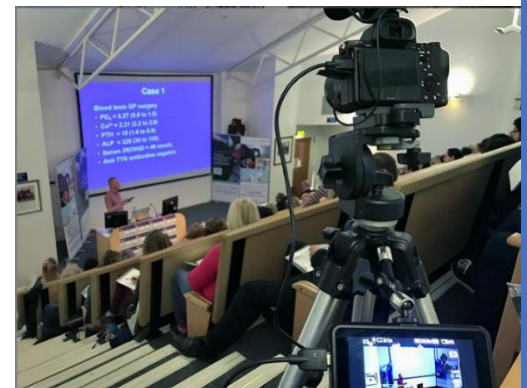
**Questions to Nicholas**

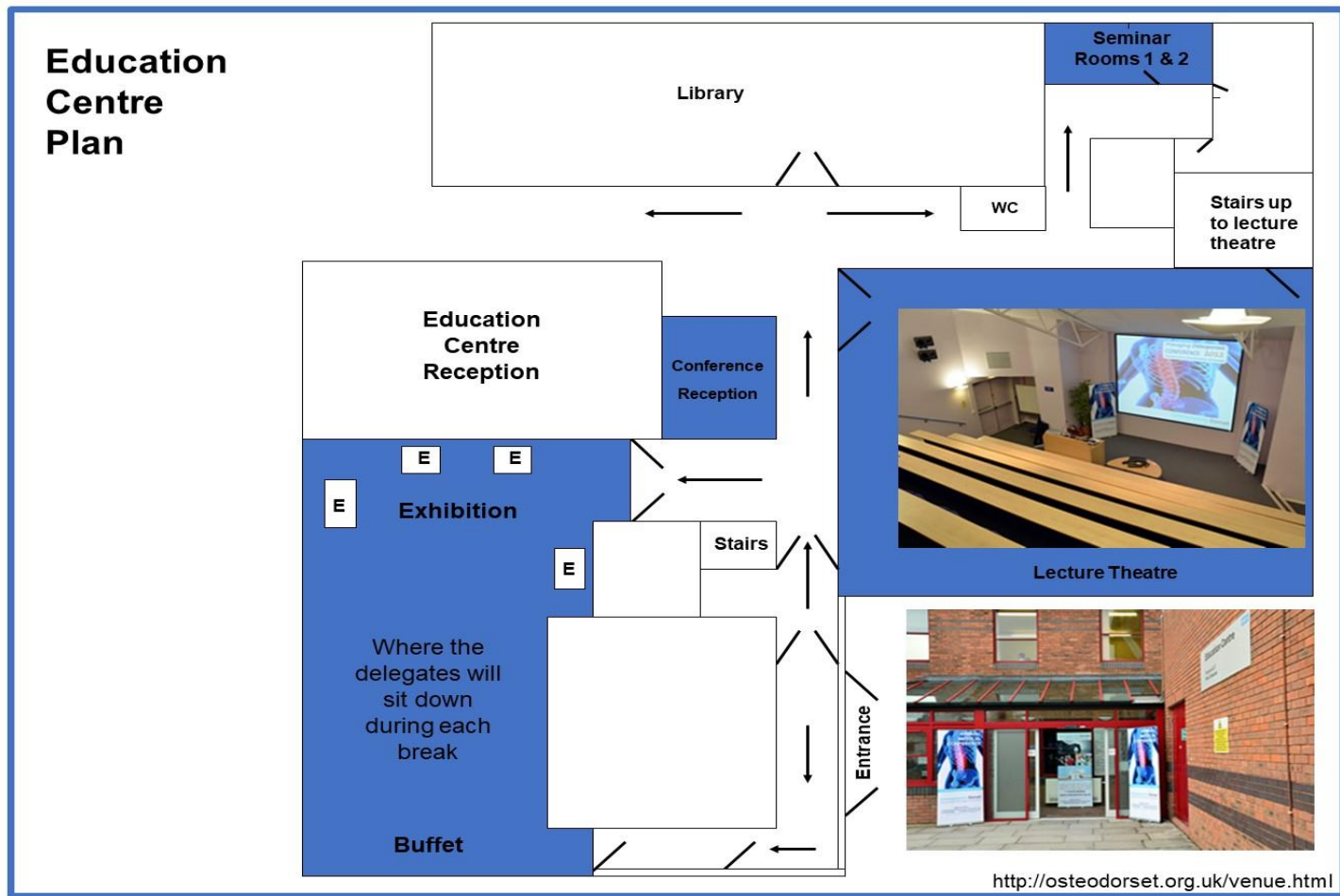
## Online Conference Videos

Featuring the latest information on managing osteoporosis; presented by world-renowned speakers.

Prevention through education has been our rubric since our inception in 1992. The Charity is intending to produce videos that capture the innovative and dynamic programme of our two-day conference; providing you with an opportunity to recap and learn from our internationally renowned experts, at a time convenient to you.

By attending this year's conference each delegate will have free access to the online videos. You will be informed by email when they have been uploaded.





## Exhibitors & Sponsors

The following companies have given funding towards the cost of the Charity's two-day annual medical conference; but have no input into the agenda or content. Staff from these companies will be present at the event and may have a stand promoting their products.







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